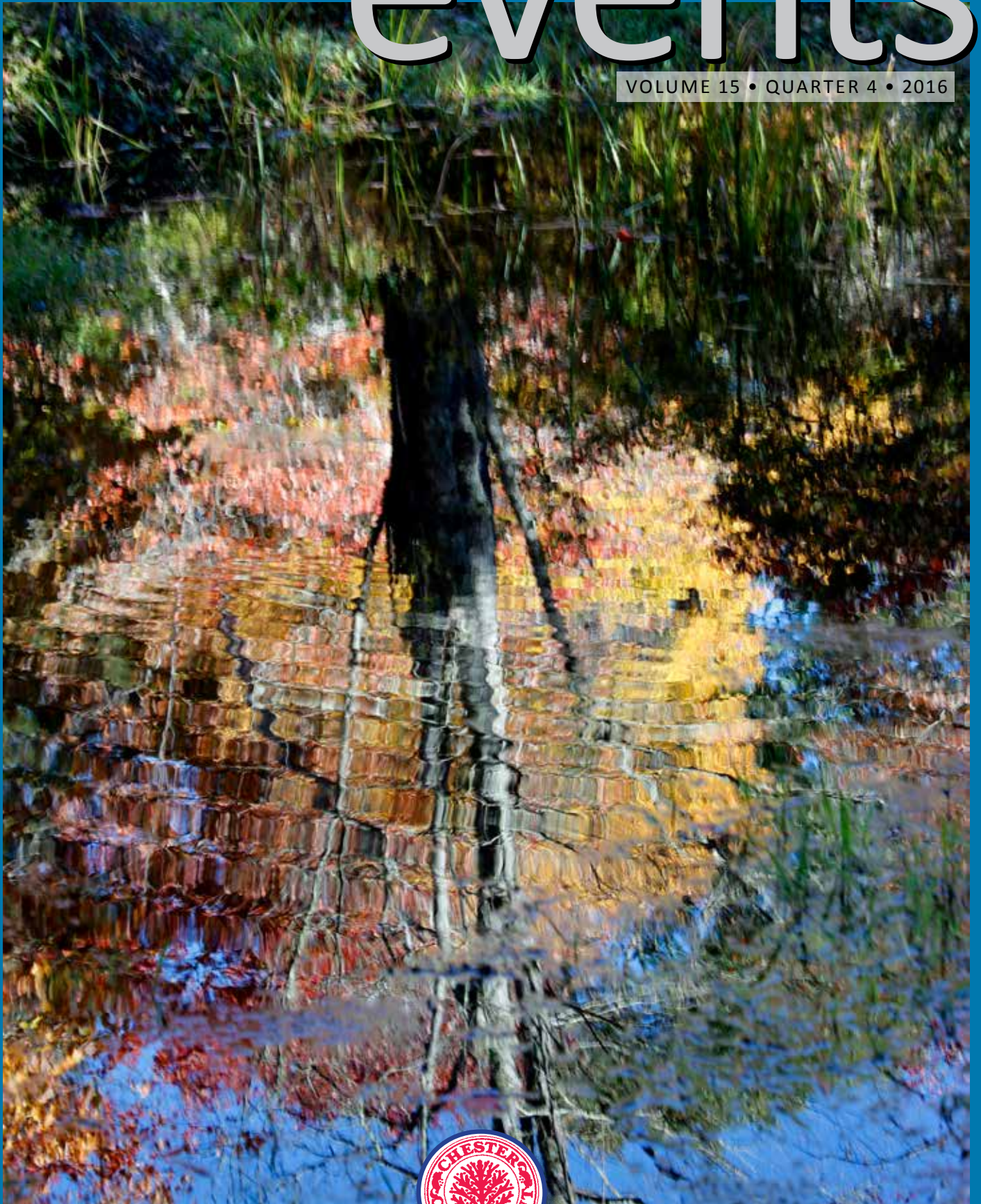


# Chester events

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# First Selectwoman's Corner

## HOW WE DO THINGS HERE – THE IMPORTANT STUFF

The 58th U.S. Presidential election is almost here. Although this is only my eleventh chance to vote for an American President, I have never known a campaign season to be as fraught with anxiety, anger, fear, half truths and poor behavior as this one seems to be. Local elections tend to be more about the person running than the party he or she belongs to, and for most of our statutory town governments, campaigns can be more cooperative and policy-based than accusatory. No matter our disagreements, we remain neighbors and friends who can talk about the issues. We get used to this.

So I was naively disappointed recently when I attempted to introduce myself to an individual volunteering at a Republican campaign booth at the Chester Fair. Much to my surprise, the individual refused to shake my hand, give me his name, or speak to me in any way other than to tell me he knew I was a Democrat and he had no interest in having a conversation with a Democrat. To his credit, the Republican candidate thanked the volunteer for his help, but told him clearly that “that is not the way we do things here.”

Now the signs are going up for our local candidates for state representative and state senate. On the way to Valley Regional

High School last week, already some of the signs had been vandalized. Besides being an opportunity for a conversation with my youngest daughter, the lack of respect for other people's property or for views that are not one's own was striking. I hope that we can stop and remind ourselves that we are all neighbors in the same loving community.

Honest discourse, lively debate, even uncomfortable silence are all acceptable forms of disagreement. Vandalism, disrespect, and criminal activity are divisive methods which will have effects that last far beyond the November election.

## MORE WAYS TO PARTICIPATE

The Boards of Selectmen and the Democratic and Republican Town Committees have been working hard to fill vacancies on Boards and Commissions and encourage new participants in the business of the town. The Cedar Lake Advisory Committee

continued on page 4



Lauren Gister, First Selectwoman

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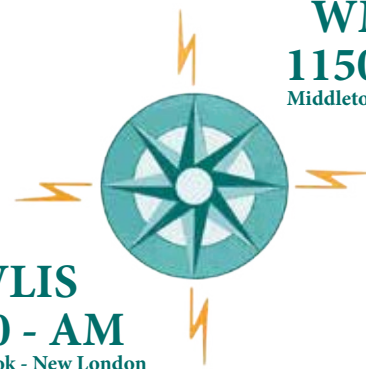
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**FIRST SELECTMAN'S CORNER... continued from page 1**

is being reactivated and a small working group is researching the needs of the historic Chester Meeting House. The Economic Development Commission is working with our Development Office to streamline procedures and develop checklists for new Chester businesses. We are working on publishing descriptions of all of the volunteer positions in Chester with a link on the town website. Please get involved – we need you!

In the last Chester Events, I mentioned that we are looking for ways to broadcast our local government meetings for added accessibility. Are there any budding videographers out there who might be interested in volunteering a few hours per month and learning how to work with our local public access television to air the video? If so, please contact Jenny in my office for more information.

**STRATEGIC PLANNING**

We are on the way to planning for the future of Chester. Watch

for news about an interactive “visioning” process throughout the fall. The Board of Finance and Board of Selectmen are working toward the goal to develop an overall umbrella for a ten year strategic plan. Steps will include roundtable meetings of the Chester boards and commissions to streamline procedures and determine how best to work together toward common goals, several public discussions about resident ideas and priorities, and a thorough review of the infrastructure needs, including buildings, vehicles, dams, bridges and roads. Watch for more news soon.

**NEW BUSINESSES**

Welcome to all our new businesses in town! Kitchens and restaurants and pet supply stores and therapists and fitness centers and art galleries. We are happy you are here!

Happy Fall!  
Lauren

**Solarize Chester**

Come to our next workshop to learn more about this exciting time-limited opportunity to install solar energy on your home for less. Next workshop to be announced on [www.chesterct.org](http://www.chesterct.org) and in the weekly Town Wide Email.

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# Brazilian American Youth Cultural Exchange

## THANK YOU FROM BRAYCE

Brazilian American Youth  
Cultural Exchange



Fenna Calder, Gabriel Ferreira and  
Margot Calder

On behalf of BRAYCE and our board of directors, we would like to thank you for your support of our Annual Scholarship Fundraiser, held on July 23, 2016 at The Ivoryton Playhouse.

The event was a great success. It was held under the tent on the terrace at

The Ivoryton Playhouse which was a charming setting and provided easy access to CHICAGO: The Musical, a fabulous show, which was greatly enjoyed by all the guests. Jonathan Rapp from WRIGHT'S Steakhouse provided wonderful food and the Silent Auction was enthusiastically supported. The fundraiser generated over \$12,000.00, significantly impacting our scholarship fund and securing three cultural exchanges for 2017.

All proceeds from the event make it possible to provide life changing experiences for marginalized Brazilian teenagers, enabling them to realize their potential and plan a future. The presentation from Gabriel Ferreira, one of BRAYCE's 2016 Camp Hazen Leadership (LEA) students, was testament to the value and impact of the BRAYCE Program.

In his own words: "Today I am here to say thanks to the BRAYCE organization for

giving me four wonderful weeks and the chance to be a better professional in my future. When I go home to Brazil, I will take with me so many wonderful experiences, friendships, and memories from this trip. I will also take with me stronger leadership skills, better English, and a better understanding of what the world is like beyond Brazil. I know that education and hard work can lead to a better life, and all these things I learned will help me reach my dream to be a marine biologist."

Thank you for supporting BRAYCE, a small organization that really cares about kids.

Check out our website [www.brayce.org](http://www.brayce.org) to learn more about what we do.

Abrços,  
Margot Calder  
BRAYCE

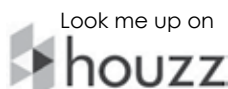
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# First Annual Tri-Town Veteran's Day Parade

Please bring your families and join us for the First Annual Tri-Town Veteran's Day Parade. It will be Saturday, November 5, 2016 from 1:00 pm-3:00 pm.

## THE PARADE ROUTE:

The parade will begin at Devitt's Field and end at Memorial Green, Deep River, CT

## TRANSPORT VEHICLES:

Veterans who cannot march will be provided vehicles for transportation.

## DRESS CODE:

Please wear your uniform or khaki pants, white shirt or a shirt with your armed forces emblem.

## SPONSORED BY:

American Legion Post 97 and the Town of Deep River, CT. Call Jane (Deuse) Cable (USN 1968-1971) at 860-204-9473, text 602-622-5946 or email cable\_jane@yahoo.com for any questions, if you would like to help in any way or if you will need a transport vehicle during the parade. More information to follow through radio, newspaper, flyers and posters.

# Troop 13 – Chester/Deep River Boy Scouts

Troop 13 Boy Scouts serves the boys ages 11-18 of Chester and Deep River. The purpose of the Boy Scouts of America is to help young men develop their character and life skills all while having fun. There is much emphasis placed on assisting these young men to develop into strong healthy citizens who will lead our communities and country in the years ahead. The Boy

Scout methods help to promote these ideals through the challenge of putting them into practice with the Troop Program. This is done in a way that is both challenging and fun.

## SUMMER CAMP 2016

Troop 13 attended June Norcross Webster Scout Reservation in Ashford, CT for

Summer Camp on July 18-22. The boys enjoyed swimming, boating, archery, sports, and camping. 22 scouts earned 84 merit badges during the week. Here is a sample of what they earned: Archery, canoeing, swimming, archeology, small boat sailing, sustainability, robotics, leatherwork, metal working, fishing, camping, rifle & shotgun shooting. Four scouts

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completed the COPE and Climbing Program and five completed the Paul Bunyan Woodsman Program and two completed the ATV Powersports Program.

#### PHILMONT SCOUT RANCH TRIP - 2016

A crew of nine Boy Scouts from Troop 13 along with Assistant Scoutmasters Vic Hoehnebart, Mike Rutty and Alex Toles went to the Philmont Scout Ranch

in Cimarron, NM this summer to hike in the Sangre de Cristo Mountains of the Rocky Mountains. They hiked 70 miles on this trip.

#### NEW EAGLE SCOUTS

Troop 13 has been busy this year with seven Boy Scouts completing their Eagle Scout Service Projects. Please join us and congratulate our newest Eagle Scouts: Benjamin Toles, Andrew Myslik, Adam

Dalterio, Jacob Beaulieu, and Alexander Maxwell VI, James Rutty of Chester and Matthew O'Keefe. Troop 13 has several Boy Scouts from Chester and Deep River currently working on Eagle Scout Service Projects through the fall.

#### INFORMATION

To learn more information about joining Troop 13 please contact our Scoutmaster, Steven Merola @ 860-526-9262.

## Chester Historical Society Antiques Appraisal

### CHESTER'S OWN "ANTIQUES ROADSHOW"

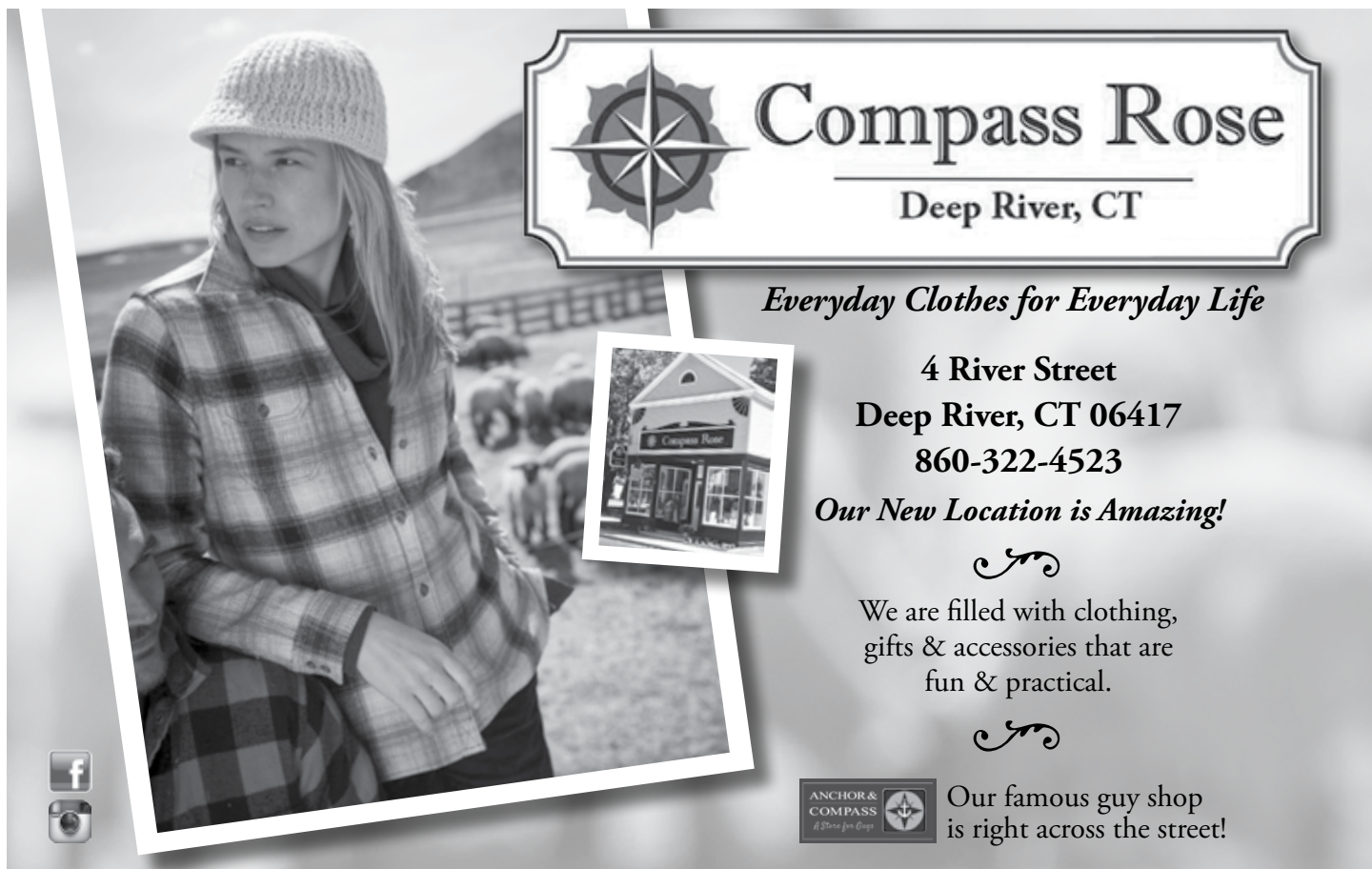
Hope you have some valuable treasures in your attic or jewelry box? Need to do some weeding out? Want to know what's worth hanging onto? Get the answers on Saturday, Nov. 12, when the Chester Historical Society holds its 13th Antiques & Jewelry Appraisal at St. Joseph's Parish Center, from 8:30 am to noon.

Over the past years, people from all over the state have taken advantage of the expertise offered by our 10 appraisal experts to

learn if they've got anything worth hanging onto or selling. The appraisers see everything from jewelry (both vintage costume and gems), watches, silver, artworks, clocks, books, ephemera, tools, musical instruments and, glassware to quilts, textiles, and furniture from every century.

Bring up to three separate items to be appraised. Verbal appraisals will cost \$10 for the first item, \$20 for two items, or \$25 for three

**continued on page 8**



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## HISTORICAL SOCIETY... continued from page 7

items. All proceeds will benefit the programs and museum of the Society. There is ample parking and handicapped access, and seats for while you wait. Details about all the appraisers are at: [www.ChesterHistoricalSociety.org](http://www.ChesterHistoricalSociety.org).

### HAVE QUESTIONS?

Call 860-558-4701 or email:  
[ChesterCTHistoricalSociety@gmail.com](mailto:ChesterCTHistoricalSociety@gmail.com).

## What's New with Chester Historical Society

### Today is Tomorrow's History

#### VISIT CHESTER MUSEUM AT THE MILL

Have you recently been through the Mill? There's still time this year!

The Chester Museum is open on Saturdays from 1 to 4 pm and Sundays from 10 am to 4 pm through Oct. 30. We then open the doors for the Friday and Saturday following Thanksgiving Day to allow families and friends to both re-live and learn the Chester history that we share. Admission is free (though donations are welcome!).

This year's first-floor exhibit features a selection of community groups, past and present, that have helped define our town. Come reminisce about "old Chester" with your family. Hours are 10 am to 4 pm on Friday, Nov. 25 and Saturday, Nov. 26.

#### MORE FALL HAPPENINGS

This fall is our 13th Annual Antiques & Jewelry Appraisal Day on Nov. 12 and the Collamore Concert Series 43rd season (more info in separate newsletter articles).

#### HELP US SUPPORT CHESTER HISTORY



For 46 years, our all-volunteer organization, despite a modest operating budget, has preserved, protected and interpreted Chester's rich history. We depend on your support through memberships, tax-deductible donations, and participation in our two annual fundraisers. Our annual dues are just \$30 per family, \$20 per individual.

Membership forms are on our website:  
[chesterhistoricalsociety.org](http://chesterhistoricalsociety.org).

Tax-deductible donations in any amount can be mailed at any time to:

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## STAY IN THE KNOW

Information about Historical Society activities, as well as new gifts to our archives, are in our monthly e-newsletter.

To receive the e-news (even if you're not a member of the Historical Society), please send your email address to: [chestercthistoricalsociety@gmail.com](mailto:chestercthistoricalsociety@gmail.com). All addresses are kept confidential.

We are also on Facebook at: [Facebook.com/chestercthistoricalsociety](https://www.facebook.com/chestercthistoricalsociety) and frequently post old photos of Chester.

## Chester Garden Club's 18th Annual Tea

The Chester Garden Club's 18th Annual Tea will be held on Saturday November 5, 2016 at 2:00 pm at the United Church of Chester, 29 West Main Street, Chester, CT.

Join us for an afternoon of musical entertainment as we present "The Valley Shore Acappella, a Chapter of Sweet Adelines International, from Middletown, CT." The Sweet Adelines will entertain us with songs from romance to rock and roll, show tunes and patriotic melodies. All are sung in the barbershop style, 4 part acappella harmony.

The tea menu will include savory sandwiches, scones with clotted cream and jam, as well as an assortment of delectable desserts that will be served by members.

Proceeds from this event support the Garden Club's civic and education efforts in the local area. Tickets are \$25 and seating is limited to 100 guests. To make reservations, please send name, address, telephone number with ticket requests, payment and a stamped, self-addressed return envelope to the Chester Garden Club, P.O. Box 415, Chester, CT 06412.

For additional information, contact Chester Garden Club Co-President Brenda Johnson, 860-526-2998.

## Chester Community Fund / Emergency Fuel Fund

As the chilly winter months approach, we ask residents to be mindful of our neighbors in need. The Town of Chester works to provide for those in need through various funds, two of which are the Community Fund and the Emergency Fuel Fund. These funds help to defer critical expenses such as food, fuel, energy, and other basic necessities, and are funded by the generosity of our community.

If you would like to assist your neighbors, you may send a gift to:  
Town of Chester, Human Services Department, 203 Middlesex Avenue,  
Chester, CT 06412; or call Rosie Biningger at 860-526-0013 X213.

Rosie Biningger, Human Services Director



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# Energy Assistance - Operation Fuel

## ENERGY ASSISTANCE

As the weather turns colder, statewide energy assistance programs that help residents with heating bills and conserving energy will begin. Programs are available from September 15 through March 30. Connecticut Energy Assistance Program (CEAP) helps income eligible households pay their heating bills. State Appropriated Fuel Assistance (SAFA) helps the elderly and disabled individuals with their heating bills. If you received assistance last winter, you must reapply each year to receive additional assistance.

Deliverable fuel applicants (oil, propane, kerosene, coal, wood) are urged to apply early, as deliveries will begin November

15th. To make an appointment to fill out an application, please contact Rosie Bininger at 526-0013 x213, Monday, Wednesday, and Thursday mornings or leave a message with your name, phone number, and the best time to reach you.

## OPERATION FUEL

Operation Fuel is a statewide private, nonprofit organization that provides emergency energy assistance to low income and moderate income, elderly, and disabled households, which are either ineligible for government energy assistance or have exhausted their benefits. Eligibility is determined by Chester Social Services and is based upon review of a client's

completed application and satisfactory documentation of household's income, liquid assets, and crisis situation. For the 2016-2017 program year, household income for a 12-month period must fall between 151% of the federal poverty guidelines and 100% of the state median household income.

The Operation Fuel season begins December 1, 2016 and runs through May 30, 2017 or when funding runs out.

Contact Human Services (526-0013 X213) to see if you qualify.

Rosie Bininger,  
Human Services Director

# Town Clerk News / Absentee Ballots

This is a reminder that absentee ballots become available on Friday, October 7, 2016 for the Presidential Election, which is on Tuesday, November 8, 2016.

Anyone in the following categories is eligible to acquire an absentee ballot from the Town Clerk's Office:

- a. Is in active service in the armed forces,
- b. Is absent from town during voting hours,
- c. Is ill,

- d. Is physically disabled,
- e. Has religious tenets, or
- f. Is working at the polls in another town.

Please know that there is an application process that has to be filled out first before you can be given an absentee ballot.

Debra Germini Calamari,  
Town Clerk

## Chester - Community Listings

### CLUBS AND ORGANIZATIONS

Chester Land Trust ..... (860) 526-2619  
 Chester Fair ..... (860) 526-5947  
 Chester Democratic Town Committee ... www.chesterctdems.com  
 Chester Republican Town Committee ..... (860) 398-0690  
 Chester Garden Club ..... (860) 526-2998  
 Chester Historical Society ..... (860) 526-5781  
 Chester Merchants Association ..... www.visitchester.com  
 Lions Club ..... deepriverchesterct.lionwap.org  
 Deep River and Chester VFW ..... (860) 526-3521  
 Tri Town Youth Services Bureau ..... (860) 526-3600  
 Chester Meeting House ..... (860) 526-0013

### USEFUL NUMBERS

Consumer Protection ..... (860) 566-2294  
 Community Foundation of Middlesex County ..... (860) 347-0025

### LIBRARY

Chester Public Library ..... (860) 526-0018

### POST OFFICE

Chester Post Office ..... (860) 526-2780

### SCHOOLS

Superintendent of Schools District 4 ..... (860) 526-2417  
 Chester Elementary School ..... (860) 526-5797  
 John Winthrop Middle School ..... (860) 526-9546  
 Valley Regional High School ..... (860) 526-5328

### WORSHIP SERVICES

St. Joseph's Roman Catholic Church ..... (860) 526-5495  
 Congregation Beth Shalom - Temple ..... (860) 526-8920  
 United Church of Chester ..... (860) 526-2697



# From Your Tax Collector

## 2016 Income Tax Info for the Federal Government

Yes, I know it is a bit early for thinking about income taxes, but I wanted you all to know that the full year of 2016 tax information is online and easy to find. So if you cannot find all of your receipts, you do NOT have to call the tax office.

If you use a computer, you just have to go to the Chester Town website at [www.chesterct.org](http://www.chesterct.org) and go to SERVICES and then to the section labeled Tax Collector, and on that site there is a direct link to tax information paid to the Town of Chester. Last year, only the July 2015 through December 2015 information was on this site. But this year, the full year of payments are listed. All the information is then available to be printed!

It is very easy to research. Once you are on this special link, a user friendly screen appears that asks for a name. This step is very important – you must type a full last name and then a space and at least the first initial of the person whose taxes you are researching. For example, in my case, you would type Meyer M and you would find what I paid in motor vehicle taxes during 2016. You would also see if something did not get paid. So, this is extremely important if you travel and you think you might have missed a payment, or you just want to double check that you did indeed pay everything required. However, with this above step, you would not find my house taxes. You would have to type Meyer J for that. This is a slight inconvenience, since you would have to know exactly how the house tax is listed and even though my name is on the deed and on the taxes, the information is listed with my husband's name first. So, I would need to search twice to find everything that we paid for the year. In the case of not knowing the exact order of names, you could search by street address. You just change the option box on the left of the screen and ask for "taxes by location." In this case, be sure to put the house number in the first section of search requirements, and then the street (or any part of the street name) in the second search box. Do not use Middlesex Turnpike, for example, since those are listed under Middlesex Ave. So, just use Middlesex. You can use a shorter version for streets, such as just Midd, since there are no other streets in town starting with Midd, but our own Route 154. In the search by street, less is better. So, don't type the word Street out, or the word Lane - just the name of the road is enough. And do not use any punctuation at all. Never use a comma between names. It is really an easy process, especially after you have tried it once or twice.

Some people who misplace their bills are using this method to have a paper to mail in with their payment.

continued on page 12

# CHESTER TOWN HALL

860-526-0013 • 860-526-0004 FAX

DEPARTMENT	EXTENSION / NUMBER	CONTACT INFO
ADMINISTRATIVE ASSISTANT Jenny Watrous	202	AdminAsst@chesterct.org
ANIMAL CONTROL Jae Wolf	860-388-7082	jwolf@essexct.gov
ASSESSOR Loreta Zdanys	512	Assessor@chesterct.org
ASSISTANT ASSESSOR Darlene Pollock	512	
BUILDING Ron Rose	207	BldgOfficial@chesterct.org
FINANCE Peter Evankow	215	Finance@chesterct.org
ACCOUNTS CLERK Sharon Echtman	216	
FIRE MARSHAL Richard Leighton	212	FireMarshal@chesterct.org
FIRST SELECTWOMAN Lauren Gister	202	FirstSelectman@chesterct.org
HUMAN SERVICES Rosie Bininger	213	HumanServices@chesterct.org
INFORMATION	202	Info@chesterct.org
INLAND WETLANDS Anna Sweeney	212	InlandWetlands@chesterct.org
PARKS AND RECREATION Elizabeth Netsch	223	ParkRec@chesterct.org
PLANNING AND ZONING Judy Brown	208	ZoningOfficial@chesterct.org
POLICE SERVICES Trooper Matt Ewing	860-526-3605	PoliceServices@chesterct.org
PUBLIC LIBRARY Linda Fox, Library Director	860-526-0018	
PUBLIC WORKS DEPARTMENT John Divis, Foreman	860-526-0020	
REGISTRARS OF VOTERS Tracey Ohaus & Leslie Holbrook	211	ChesterRegistrar@chesterct.org
SANITATION Lee Vito	206	Sanitarian@chesterct.org
TAX COLLECTOR Madaline Meyer	513	TaxCollector@chesterct.org
TAX CLERK Kristie Valentino	513	
TOWN CLERK Debra Germini Calamari	511	TownClerk@chesterct.org
ASSISTANT TOWN CLERK Sharon Echtman	511	
TREASURER Elizabeth Netsch	214	Treasurer@chesterct.org
WPCA		wpca@chesterct.org

[www.chesterct.org](http://www.chesterct.org)

## TAX COLLECTOR... continued from page 11

This is quite helpful to us, since we will know exactly how to post a payment. Good luck with all of this, and I hope it will help you not only if you need information for your January installment of taxes, but also if you need information for your federal income taxes. There is a handy spot to click off for summary of

payments that can be used for income tax purposes. That spot is on the right part of the screen. You could even tell your accountant about this site, and then they won't have to wait for us to be in the office, but could be working on your taxes on a Friday or Saturday or Sunday or Monday, when we are not available.

This is a "win-win" situation for everyone! Good luck to one and all with regular tax payments and federal taxes. And if you are interested, we had a good collection rate in July and hope the same in the future!

Sincerely,  
Madaline Meyer, TC

## Chester Harbor Management Commission

### MOTHERHOOD, APPLE PIE AND CLEAN WATER

Chester is in the forefront of clean water in the River and Chester Creek.

The Harbor Management Commission has, for years, been testing the water quality in Chester Creek. Mooring fees fund this testing. One of the problems discovered by Jacobson Engineering, for poor water quality in the upper Creek area, was pigeons roosting under the Main Street Bridge.

Through cooperation of the Department of Transportation (DOT) and the Department of Energy and Environmental Protection (DEEP) we were able to add bird protection into the bridge design. The Chester Harbor Management Commission is proud

to announce the new Main Street Bridge has been outfitted with bird spikes to deter birds for roosting.

Also, the Commission, in collaboration with the Town of Essex, manages the lower Connecticut River Pump Out Boat Program. We run two boats from the East Haddam Bridge to (but not into) Long Island Sound. Chester, with over 850 boats in its seven yacht clubs and marinas, holds the lead in pump outs (Old Saybrook in gallons). During the 2016 boating season we will have offloaded over 90,000 gallons of material from recreational boats, keeping and improving water quality.

Joel Severance,  
Chairman

## Gypsy Moth Egg Masses

The gypsy moth caterpillars have been gone for several months and the white male moths have also disappeared and died. So, we can heave a sigh of relief. But you may be wondering what you can do between now and early May when a new generation of caterpillars hatches. We can hope for a wet spring to spread

the fungus which kills the caterpillars.

But you can do something this fall or winter to reduce the population of next year's caterpillars: destroy all the egg masses you can find. It will be easier to do this later in the fall when the leaves are off the trees so you can see them

more easily, but before early May when the new generation hatches.

The egg masses are tear shaped, about 1 to 2 inches long, look like buff yellow-brown felt, and are firm to the touch (old egg masses persist after hatching and are squishy). Each contains



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between 600 and 1500 eggs. They can be found on tree trunks and branches, of course, but also on anything else which was outdoors in late July and early August when the female moths were laying eggs. So look everywhere: fences, firewood, stone walls, children's play scapes, and even the sides of the house, behind shutters, on the foundation. EVERYWHERE! Also, before putting away portable lawn

furniture, look carefully for egg masses on these.

Don't just scrape them on the ground. They will most likely still hatch. Wear gloves (some people get a rash from handling them) and using something like an old putty knife, scrape the masses into a paper bag or a can. When you have collected all you can find or reach safely,

burn the bag or fill the can with soapy water and let it soak for several days. Don't pour it down a storm drain! Dispose of the water and masses in a safe way.

If the spring is dry, there will still be gypsy moths, but you can hope that your actions will have reduced the number somewhat.

Conservation Commission

## News from Friends of Chester Library

### HOLIDAY BOOK SALE

For the third year, the Friends of Chester Library will host a Holiday Book Sale. It's a great way to purchase gift-quality, new, and like-new books in a wide variety of genres at reasonable prices for your holiday gifts. We'll even offer free gift wrapping on the opening night! The sale will open Thursday, Dec. 1, late afternoon, at the library and will end at the Holiday Market in Chester Center on Sunday, Dec. 4.

Please help us by donating books, audiobooks, movies and even

games that are new or like new (they need to be gift quality). Please leave them at the library during open hours or call Cary Hull at 860-558-4701 for more information. All proceeds support Chester Library's programs and services.

### MORE HOLIDAY SHOPPING IDEAS

How about gift-wrapping your books in a gift book bag? The attractive black bags designed by the Friends of the Library are water-resistant, zippered, and hold at least 4 books (or

continued on page 14



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## CHESTER LIBRARY... continued from page 13

whatever else you want to carry in them). The cost is \$10 and they're available at the library. The bags were created in memory of Helen LaFlair, longtime Chester resident who was an avid reader and active Chester Library volunteer. Helen's comment, "I'm never alone if I have a book," reflected the companionship provided by her reading materials.

### DO YOU BUY ONLINE?

Amazon offers to donate .05% of your purchase total to the Friends of Chester Public Library, IF you make your purchases through AmazonSmile. All you need to do is sign up and remember to make your purchases through AmazonSmile (we've found it works best to just bookmark AmazonSmile and use it as the way we regularly get to Amazon). Your account remains just as it has been (no new account number or password to remember). Purchasing is the same as always, but a bit of philanthropy is added to the mix. Go to <http://smile.amazon.com>.

### STAY IN TOUCH

The Friends help the librarians by sending out a monthly e-newsletter to keep you informed of what's happening at the library. If you want to be in the know, please leave your e-mail address at the library and ask to be on the list, or e-mail Cary Hull ([caryshull@gmail.com](mailto:caryshull@gmail.com)) with your request. E-mail addresses are always kept confidential.

## Chester Parks and Recreation

### Celebrating Community Through People, Parks and Programs!

860-526-0013 extension 223, [parkrec@chesterct.org](mailto:parkrec@chesterct.org)

Visit our website for program information and registration forms:

[http://chesterct.org/?page\\_id=7810](http://chesterct.org/?page_id=7810)

Visit our website or call us for information and registration

### FIELD HOCKEY CLINIC

Field Hockey Clinic is held on Tuesdays & Thursdays at Chester Elementary School, October 4, 6, 11, 13 with the 18th as a make-up day, 5:15 pm-6:30 pm, for grades 2 through 8. \$10

### SPORTS CLINICS AND CAMP ACTIVITIES


When there is no school we will hold Sports Clinics and Camp Activities on November 8 & March 10, 8:45 am-3:45 pm, \$20, as well as following the early dismissals on October 20, 21, January 13, February 17, and March 9, 1:00 pm-4:30 pm, \$10, at Chester Elementary School. This program is open to students in grades K through 6.

### Youth Basketball


Youth Basketball for grades 2 through 6 meets November 14 through March 5 at Chester Elementary School. The schedule will depend upon those who volunteer to coach. \$50

### ADULTS ARE NEEDED

Adults are needed to Coach Youth Basketball! Please contact us by October 14 to volunteer to coach Chester Youth Basketball.



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### ROOKIE BASKETBALL CLINIC

Rookie Basketball Clinic is offered for children in grades K & 1, Thursdays, right after school, 3:00 pm-4:15 pm, January 5-March 5 at Chester Elementary School. \$45

### TEEN BASKETBALL

Information for grades 7 through 12 will be posted on the website when it is available.

### Our Other Programs

#### AMERICAN RED CROSS BABYSITTER'S TRAINING

Classes are on Monday, October 10, 8:45 am-3:45 pm or Thursday and Friday, March 23 & 24, 1:15 pm-4:45 pm following the elementary school early dismissal, for grades 5 through age 15 at the Chester Town Hall. \$45

#### COUNSELOR-IN-TRAINING

This program meets Thursdays and Fridays, April 20, 21, 27, 28, May 4, and 5 for grades 7 and 8, 2:45 pm-5:00 pm at the Chester Town Hall. \$95 (includes 8 days of summer camp registration)

#### YOGA REGISTRATION

Yoga returns to the Chester Town Hall on Tuesdays from 5:45 pm-6:45 pm, beginning October 25. Participate on any Tuesday. \$10 drop-in fee

#### AMERICAN RED CROSS PEDIATRIC & ADULT CPR/AED and/or FIRST AID

Certification classes are offered on Thursdays and Fridays, October 27 & 28 OR March 30 & 31, 6:00 pm-9:00 pm at the Chester Town Hall. \$35 for one class, \$45 for both.

#### ADULT RECREATIONAL BASKETBALL

Adult Recreational Basketball is held November 15 through April 6, Tuesdays & Thursdays, 7:30 pm-9:30 pm. \$10 for Chester residents, \$15 for nonresidents

With the exception of Youth Basketball, our programs are open to residents of all area Towns.

*ACCORDING TO CONNECTICUT GENERAL STATUTE 19a-77 WE ARE REQUIRED TO DISCLOSE THAT TOWN OF CHESTER PROGRAMS ARE NOT LICENSED BY THE STATE OFFICE OF EARLY CHILDHOOD.*



## CONNECTING YOUR CONNECTICUT!

Public Transportation for all ages serving Chester, Clinton, Deep River, East Haddam, Durham, Essex, Haddam, Killingworth, Lyme, Old Lyme, Old Saybrook & Westbrook

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# Tri-Town Youth Services

Tri-Town Youth Services is gearing up for fall with many programs, events, and services. Please join us when you can!

## **BABYSITTER TRAINING**

Learn how to become a safe and responsible babysitter! Tri-Town is offering the American Heart Association's Pediatric First Aid and CPR course along with a babysitter training certificate program. This course provides an excellent opportunity to help youth, 12-17, build self-confidence as well as job leadership and decision-making skills. Completion of this course is a plus on your Job Bank application. The \$75 fee includes instruction, books, and certificate.

The winter session will be held on Wednesday evenings, January 18, 25, and February 1 and 8. All classes will be held 6-8 pm at Tri-Town Youth Services, 56 High Street in Deep River. Classes fill quickly, so register soon – online ([www.tritownys.org](http://www.tritownys.org)) or by calling 860-526-3600.

## **PARENT NIGHT: FROM CONFLICT TO COOPERATION**

Join Tri-Town's Parent Resource Coordinator for a conversation about how to resolve conflicts, strengthen relationships and build cooperation among peers or family members. Great for parents who spend a lot of time refereeing sibling squabbles or nagging their kids to help out around the house! Learn how to use every day communication to set up a cooperative environment and practice restorative approaches to resolving conflicts at home, in the workplace, or wherever it's needed.

Date: Wednesday, October 5

Time: 7:00-8:30

Location: Tri-Town, 56 High Street, Deep River

Call 860-526-3600 to reserve your spot or register online at: [tritownys.org](http://tritownys.org).

## **HEALTH & WELLNESS FAIR**

Join Tri-Town and the Early Childhood Council of Chester, Deep River and Essex for a celebration of healthy living. Our Health & Wellness Fair will feature family yoga, healthy snacks ideas and samples, vision screenings by the Essex Lion's Club, Child Safety ID and table exhibits from the Region 4 preschools. This event is free and open to all families with young children in our area. A great chance to meet the preschools! Older siblings are welcome and will be able to participate in children's yoga class.

Date: Saturday, November 19

Time: 10:00-noon

Location: Chester Elementary School, 23 Ridge Road, Chester

## **MOVIE NIGHT!**

“Screenagers: Growing Up in the Digital Age”

Tri-Town is pleased to announce that the Middlesex County Substance Abuse Action Council will be bringing the eye-opening

documentary, “Screenagers: Growing up in the Digital Age” to our area! There will be three showings in Middlesex County followed by Q&A with youth advocates from our community. A great film to watch with your teenager! Let's all talk about how to best manage media use in our daily lives.

“Screenagers is a very balanced, sympathetic and sane look at the way millions of teens are struggling with phones and games and technology in general...in part by letting the teens themselves speak about their own concerns and solutions. Screenagers is deeply affecting.” — Dave Eggers, Author

In Screenagers, physician and filmmaker Delaney Ruston takes a deeply personal approach as she probes into the vulnerable corners of family life, including her own, to explore struggles over social media, video games, academics and internet addiction. Through poignant and unexpectedly funny stories, along with surprising insights from authors, psychologists, and brain scientists, SCREENAGERS reveals how tech time impacts kids' development and offers solutions on how adults can empower kids to best navigate the digital world and find balance.

### **Screening 1: November 2**

Location: Haddam - Killingworth Middle School, 451 CT-81, Killingworth, CT

### **Screening 2: January 26, 2017**

Location: Westbrook High School, 156 McVeagh Rd, Westbrook, CT

### **Screening 3: TBD**

Please visit the Tri-Town website for more information about the screenings and ticket information: [tritownys.org](http://tritownys.org)

## **MOTHER-DAUGHTER NIGHTS OUT**

We're inviting sixth grade girls and their mothers to join us for two fun-filled evenings that combine hands-on activities, creativity and movement with important conversations about beauty, body image and self-esteem. Moms, these evenings are a great way to show up for your tween and let her know you'll be in her corner throughout her teenage years!

## **BEAUTY INSIDE & OUT**

Allison Abramson, Parent Resource Coordinator, will be joined by Holistic Health Coach and Yoga Instructor, Emrys Tetu, to explore the concept of beauty and talk about the ways in which women and girls compare themselves to each other and to other unrealistic standards of beauty. Combining elements from the Dove Self-Esteem Project with yoga and mindfulness exercises, mothers and daughters will get to know themselves better, build

confidence and learn how to manage stress. Light refreshments will be served.

Date: Tuesday, October 4, 2016

Time: 6:30-8:30

Location: John Winthrop Middle School Library,  
Winthrop Road, Deep River

Fee: \$25/pair

Call 860-526-3600 to reserve your spot or register and pay securely online at tritownys.org.

### MOTHER-DAUGHTER PAINTING PARTY

We are thrilled to partner with Lori Lenz, local artist and art

teacher at Chester Elementary School to offer this fun night out where moms and daughters will let go of inhibitions and paint together! Lori will provide some basic instruction and tips for getting started, and then encourage participants to play with the materials. Art materials will be provided and light refreshments will be served. Everyone takes home one finished creation.

Date: November 3, 2016

Time: 6:30-8:30

Location: Tri-Town, 56 High Street, Deep River

Fee: \$10/pair

Call 860-526-3600 to reserve your spot or register and pay securely online at tritownys.org.

## Estuary Council Regional Senior Center

220 Main Street, Old Saybrook  
860-388-1611

The Estuary Council of Seniors, Inc. is a community center for the region's residents over 50 years old providing meals, transportation, health services, educational classes, exercise programs,

and socialization activities. We have been promoting healthy and active lifestyles through quality programs and services in the nine-town Estuary region for over 40 years. Please visit us at: [www.ecsenior.org](http://www.ecsenior.org) for additional information or call us at: 860.388.1611.

### HOLIDAY CRAFT FAIR

Our annual Holiday Craft Fair is Saturday, November 19. Local crafters display an incredible array of hand crafted items for sale. In addition, the wonderful "Bake Shop" is filled with homemade dessert and candy. NEW this year -

continued on page 18

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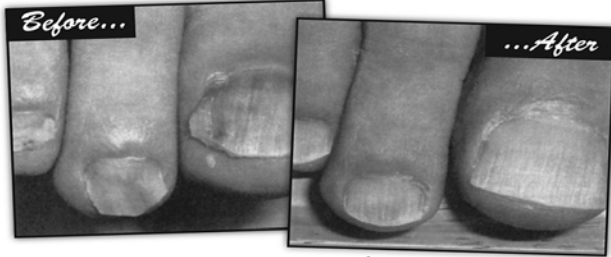
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**ESTUARY COUNCIL... continued from page 17**

breakfast will be served! The Fair will be open from 8 am until 1 pm. All ages are welcome to come and get their holiday shopping done! Contact Judy for more information, 860.388.1611 extension 203.

**BINGO AT THE ESTUARY!**

Every Thursday evening at the Estuary! Games begin at 6:30 pm. Doors open at 5:30 pm. Admission, including game package, is \$12 per player. Cash prizes with the progressive jackpot maximum payout of \$1,000. (increases \$100 each week). Open to all ages! Snacks and food sold during the evening.

**ESTUARY GYM IS SILVER SNEAKERS APPROVED!**

The Estuary Gym is a Silver Sneakers wellbeing fitness location! If you are a member of a Silver Sneaker participating health plan in CT, the Silver Sneakers plan will pay for your gym visits. Does NOT apply to fitness classes. Check eligibility by contacting the Estuary at 860-388-1611.

**ESTUARY THRIFT SHOP**

The Estuary Thrift Shop offers the best bargains on the shoreline! Clothing, furniture housewares, decorations, and jewelry are just a few of the things you will find. Every day is different! All ages are welcome to come in and shop. Open Saturdays! New Daily Specials!

**Chronic Dry Eyes**

Dry eye is a disease that affects millions of people. Normally, blinking helps replenish our tear film which provides the moisture eyes need to stay comfortable. A healthy cornea facilitates clear vision and a healthy tear film supplies nutrients that are necessary for corneal health. The tear film protects our eyes by fighting off infection and removes environmental debris that can cause ocular allergies.

The high usage of electronic devices has resulted in a decrease in our blink rate causing red, itchy, gritty, burning, and tired eyes. Contrary to what people may think, excessive tearing is a sign of dry eye disease. Though dryness can be transient, it becomes problematic and potentially vision threatening when it persists into Chronic Dry Eye disease.

A poor tear film on your ocular surface can lead to inflammation of the cornea which can lead to blurry vision. In severe cases, corneal scarring may lead to permanent vision impairment.

Certain medical conditions may also cause Chronic Dry Eyes. Autoimmune diseases (e.g., Sjogrens, Rheumatoid Arthritis, Lupus, etc.), Bell's Palsy, Menopause, Skin disease (e.g.,

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Rosacea, eczema, etc.), and thyroid disorders are only some of the more common conditions. Medications such as anti-histamines, anti-depressants, birth control pills, tranquilizers, and certain blood pressure medications can also cause dry eyes.

Fortunately, there are many treatment options available for dry eye disease. It is important to customize and tailor these treatment options to each individual and what is best for their eyes.

Regardless of the severity or cause, dry eye disease should be addressed and treated accordingly before it threatens vision.

Middlesex Eye Physicians  
860-347-7466  
Middlesexeye.com

## Visiting Nurses of the Lower Valley



### CELEBRATE FRUITS & VEGGIES!

There are over 200 varieties of fresh, ripe, juicy and delicious fruits and vegetables to choose from. They include all the colors of

the rainbow! All the wonderful colors provide natural vitamins and minerals along with essential fiber which improves health. Eating fruits and vegetables can be easy to do. Try fresh, frozen and canned varieties. Children and adults alike benefit from a crunchy, craving satisfying carrot or celery stick dipped in light ranch dressing or peanut butter. Surprise your loved one with plain yogurt and diced fruit for breakfast or lunch and make them guess what fruit is hiding in the yogurt. It helps to take a little bit of time weekly to pre-cut fruits and vegetables so they are handy when you get home from work and feel those hunger pangs. Remember the simple rule of thumb - make fruits and veggies half of what you put on your plate and you will improve your health day by day.

Find helpful recipes to add more fruits and vegetables to your diet at:  
[www.fruitsandveggiesmatters.org](http://www.fruitsandveggiesmatters.org).

A healthy diet can also help prevent illness. So as the kids go back to school and viruses start to appear, eat all the colors of the rainbow and wash your hands often to stay fit and healthy.

Prevent flu this season and get your flu shot. Local Flu shot clinics will be posted at: [www.visitingnurses.org](http://www.visitingnurses.org). For more information call: Deborah Ringen RN, MSN, FCN at: 860-767-0186.

### ABOUT VISITING NURSES OF THE LOWER VALLEY

Visiting Nurses of the Lower Valley, Inc. is a not-for-profit, Medicare and Medicaid home health care organization serving Deep River, Essex, Chester and the Lower Valley region.

Please check their website: [www.visitingnurses.org](http://www.visitingnurses.org)  
or call (860) 767-0186 for service information

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# Chester Rotary Announcements

## Chester Rotary Announces 2016 Citizenship Award Winners

The Rotary Club of Chester is proud to announce the recipients of its 2016 Citizenship Award. Each year this award is given in the form of a scholarship to two graduating high school seniors who are residents of the Town of Chester. This year's awards were won by Alexander Maxwell, the son of AJ & Shannon Maxwell, and by Kaitlin Amara, the daughter of Ronald & Diana Amara.

Each recipient was presented with a \$2,500 scholarship at Valley Regional High School's Senior Awards Night held on June 8, 2016. The recipients and their families were also honored by the Chester Rotary at a dinner held on July 20, 2016.

Both Alexander and Kaitlin have displayed the principles and values of Rotary in their daily activities. These include community involve-

ment, scholastic achievement and athletic achievement that exemplifies Rotary's "Service Above Self" maxim. The Rotary Club of Chester pleased to recognize these two outstanding students.

## Chester Rotary to Participate in Liberty Bank's 2016 Thanksgiving Food Drive

The Rotary Club of Chester will once again this year team up with Liberty Bank to raise funds for the bank's 2016 Thanksgiving Food Drive. Liberty Bank will add 25% to the monies raised by the Chester Rotary Club. Chester Rotary is once again reaching out not only to individuals but also to other local non-profits, organizations and businesses to participate in Chester Rotary's fund raising efforts. Last year, with the assistance of Chester Village West, The Rotary Club of Chester collected and deposited a total of \$2813 into Liberty Bank's Thanksgiving Food Drive account.

The money raised along with the additional 25% donated by Liberty bank provided members of our community with the opportunity to enjoy the bounties that the holiday season has to offer.

Donations will be collected until 11/19/2016. Individuals who would like to donate to the food drive can contact any Chester Rotarian.

Local non-profits, organizations and businesses interested in partnering with The Rotary Club of Chester to raise funds for the food drive should contact Francine Curto at 860-227-4946 or C/O Chester Rotary, PO Box 111, Chester, CT 06412 for more information.

All monies raised will be used by the Rotary Clubs toward Thanksgiving food for families in need in the community where they were collected.

## Chester Rotary Bridging the Globe

### SAVE THE DATE!

Sunday November 6 from 2-6 pm for a "World's Faire"

Bridging the globe to bring aid to those in need! Bring the whole family to Congregation Beth Shalom in Chester for a fun-filled celebration in support of local Rotary and other organizations undertaking international service projects. This event will feature vegetarian fare and sweets from around the world, music, dance, and arts as well as a silent auction – all in a carnival atmosphere. Individuals or groups supporting nonprofit international initiatives will showcase their efforts and raise funds and awareness for their identified causes. Children of all ages are invited to enter art work depicting the theme "Building Bridges across the Globe." Admission is free.

To defray costs there is a nominal set up cost to participate but then each group will keep 100% of the money raised from sale of wares, foods, non-alcoholic beverages, silent auction goods or services, and charitable donations.

If you are involved in non-profit international projects, have a talent to share, or just want to learn more contact Chester Rotary President Cheryl Archer at CherylArcher@comcast.net.

### SALES REPRESENTATIVE

Due to expanded growth we are seeking a full time sales representative to sell advertising in our Events Town Magazines.

We seek someone experienced who understands the consultative sales process.

Responsibilities include maintaining ongoing relationships with existing clients including daily contact over the phone and in person, meeting and exceeding sales goals, and identifying and capturing new business through cold calling.

Apply if you are an overachiever. Send resume to [print@essexprinting.com](mailto:print@essexprinting.com).

# Come Home to the United Church of Chester

## Celebrating 75 years "United" in service to the Community!

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"No matter who you are, or where you are on life's journey,  
you are welcome here."

United Church of Chester welcomes you to all of our special  
services this fall and Advent season. Enjoy the beauty of this  
historic building and rich sounds of our choir, led by Karli  
Gilbertson. Rev. Lee Ireland, Interim Pastor.

1st Sunday of month – Holy Communion.

3rd Sunday of month - kids participate in 'Family Sunday'  
& 'Food on the Third' - an opportunity to donate to the food  
pantry.

### SUNDAYS, 10 AM - ALL WELCOME!

#### SUNDAY, NOVEMBER 20TH, 4 PM:

Inter-Faith Thanksgiving Service hosted this year by St. Lawrence  
Catholic Church in Killingworth. Combined choirs from all  
area churches and synagogues celebrate Thanksgiving  
together!

#### SUNDAY, DECEMBER 11TH, 10 AM:

Children's Pageant and Carol Sing.

#### WEDNESDAY, DECEMBER 14TH, 7 PM:

Blue Christmas Service. Christmas can be a difficult time for some  
folks who have lost loved ones or are far away from family. Come  
to this very special service of remembrance and song.



#### SUNDAY, DECEMBER 18TH, 10 AM:

"The Voices of Christmas," a cantata by Joseph Martin, performed  
by the UCC choir, selected soloists, and instrumental ensemble.  
**continued on page 22**



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## STAND UP TO MEAN-SPIRITED BEHAVIOR.

**Did you know that one out of seven students are either a bully or a victim of bullying? And that an estimated 160,000 children miss school each day for fear of intimidation or attack?** Mean-spirited behavior is everywhere - the playground, school hallways, the workplace, and more often, online. It is up to each and every one of us to put an end to bullying by learning more about the issues, and the available resources for empowering individuals to stand up for themselves and others.

### Help make Middlesex County a bully-free community.

Join us as we work together to make each and every community a positive place for change. For more information, call us at the Community Foundation of Middlesex County at 860-347-0025 or go to [www.bullyfreemiddlesexcountycf.org](http://www.bullyfreemiddlesexcountycf.org).

## TAKE THE PLEDGE.

[BULLYFREEMIDDLESEXCOUNTYCF.ORG](http://BULLYFREEMIDDLESEXCOUNTYCF.ORG)



## UNITED CHURCH OF CHESTER... continued from page 21

**SATURDAY, DECEMBER 24TH, 5 PM:**  
Christmas Eve Family Service with full choir.

**SATURDAY, DECEMBER 24TH, 11 PM:**  
Christmas Eve Service to be held jointly at the Deep River Congregational Church, 1 Church St., Deep River, CT. Rev. Timothy Haut & Rev. Lee Ireland co-leading, with a combined choir.

**SUNDAY, DECEMBER 25TH AT 10 AM:**  
Celebrate Christmas!

United Church of Chester, 29 W. Main St., Chester. CT.  
Phone: 860-526-2697

Feel free to call the office for more information,  
Mon-Fri 9 am-1 pm, or leave message.

## United Church of Chester Upcoming Events

You don't have to be a member to attend these upcoming events or to participate in opportunities for community service. Helping neighbors is fun & fulfilling!



**SUNDAY, OCTOBER 2nd:**  
Annual CROP Walk for Hunger. Come join us at Chatfield Hollow State Park. Registration at 12:30 pm. Walk starts at 1:00 pm.

**SATURDAY, OCTOBER 15th:**  
Mouth-watering Pot Roast Supper, 6:00 pm. Tickets available at church office. \$14 adults; \$3.50 children 6-12; 5 & under, free.

**MONDAY, OCTOBER 31ST:**  
Halloween Show with Margie, 6-6:30 pm at church. Bring costumed little ones to enjoy a show before they go trick-or-treating. Kids are invited to take a box to

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SATURDAY, NOVEMBER 19TH: Thanksgiving Baskets. Help insure our elderly & shut-ins have a Thanksgiving meal by donating turkeys and Adams gift cards. Baskets will include

cards made by volunteers and church school children, and will then be delivered. Families are invited to a cookie-bake in the church kitchen Friday night, 11/18, to make goodies for the baskets. Times TBA.

SUNDAY, NOVEMBER 20TH: 75th Anniversary Fellowship following 10:00 am service. All are welcome to contribute to our TIME CAPSULE to honor the occasion!

SATURDAY, DECEMBER 3RD: Christmas Fair from 9 am - 2 pm. Get a head start on your shopping. Purchase beautiful hand-knit clothing, popular cookie swap, abundant food table, great deals in Grandma’s Attic, gift baskets, and a luncheon with something for all. Always a fun time!

The United Church of Chester is located at 29 W. Main St. Call the office if you would like to help or need more information. 860-526-2697; M-F 9 am-1 pm.

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**Happy Fall!**

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# Valley Regional High School Crew



In 2015 The Valley Regional High School had an insurgence of interest in Crew. Following this renewed interest in rowing, a group of parents formed a Booster Club whose main directive is to fundraise for equipment so that Coaches John Laundon and Caroline Muhsin, can put together

a rowing program that is not only competitive – but gives as many students as possible the ability to participate in this wonderful sport.

VRHS currently uses equipment from Old Lyme HS, and we are looking at putting

together a whole new program complete with equipment. Any member of the Community or VRHS Crew Alumni that are interested in donating or participating in our fundraising can reach us at [VRHSboostercrew@gmail.com](mailto:VRHSboostercrew@gmail.com) we would love to hear from you!

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